



Akron Intergroup

NEWS

VOLUME 71 ISSUE 10
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NOVEMBER 1954

SERVING HOLMES, MEDINA, PORTAGE, SUMMIT, WAYNE COUNTIES

God Makes That Possible

Written By: Jerome D

The A.A. Program is a miracle-working program. Those who surrender entirely to God will help others who are in the deepest states of spiritual misery and alcoholic despair. We freely give away what healed us so that others may themselves be healed. We will be raised from darkness, cleansed of the obsession and desire to drink. Those who have faith in God's power to help them will experience His healing touch and be filled with happiness and joy.

Matthew 10:8 states, "Freely you have received, freely give." Getting something spiritual largely depends on giving. Freely we received the gifts of sobriety and a spiritual experience. Freely we shall help others gain God's help so they too can recover, being set free from alcoholism and selfish self-centeredness.

We all get to choose to change our negative attitude (which only gets worse if left untreated) for an attitude of gratitude (which will always increase with recovery). We are in the AA Program to train our souls for the happy destiny we are told about in the Big Book. We are training ourselves to have an open heart to God so that we can fulfill His will for us. The greatest enjoyment is found when we are aligned with God's will and are working with Him to spiritually improve ourselves. His desire for us is to work and live the Twelve Steps as our way of life.

Human beings are at their very best when they surrender to God, spending time with Him daily, helping others, and improving themselves through spiritual growth. We grow by expanding our abilities through the endeavors God directs us towards as we follow His inspiration and develop insight in our decisions. (Cont. pg 3)

Step EIGHT

Made a list of all persons we had harmed, and became willing to make amends to them all.

Tradition EIGHT

Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers

Concept EIGHT

The Trustees of the General Service Board act in two primary capacities: (a) with respect to the larger matters of overall policy and finance, they are the principal planners and administrators. They and their primary committees directly manage these affairs. (b) But with respect to our separately incorporated and constantly active services, the relation of the Trustees is mainly that of full stock ownership and of custodial oversight which they exercise through their ability to elect all directors of these entities

HONESTY + PURITY + UNSELFISHNESS + LOVE



FROM THE

IG News Committee

INSIDE THIS ISSUE

Hello Readers,

Thank you for your continued support of our Intergroup and the recovery community. We hope you enjoy our August newsletter and encourage you to sign up for future editions, meeting updates, events, and service opportunities. Together, we continue to carry the message of hope and recovery.

– The IG News Team



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Akron Intergroup News

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Akron IGNews is a monthly newsletter of the Akron Area Intergroup Council of Alcoholics Anonymous.

First publication was November, 1954. It is about, by and for the members of the Fellowship of AA.

Opinions expressed herein are NOT to be attributed to AA as a whole, nor does publication of information imply any endorsement by either AA or the Akron Intergroup Council. Quotations and artwork from AA literature are reprinted with permission from AA World Service, Inc. and/or The AA Grapevine, Inc.

Contributions from our readers are encouraged!

Submissions are edited for space and clarity ONLY. Contact information is required and anonymity is respected.

In keeping with our goal of being self-supporting, your subscription is appreciated.

AKRON INTERGROUP NEWS STATEMENT OF PURPOSE

The **Akron Intergroup News**, as a standing committee of the Akron Intergroup Council of Alcoholics Anonymous, is bound by the Twelve Traditions and the Twelve Concepts. Our primary purpose is the same as any AA group: to carry the AA message to the still suffering alcoholic. Our secondary purpose is to keep the Akron Intergroup area of Holmes, Medina, Portage, Summit & Wayne counties informed as to events, meeting changes, Council decisions, and other news of interest to AAs in the Akron area.

As a newsletter and voice of and for the AA community, we have an additional purpose. We provide a forum for the broad spectrum of views held by our members. A controversial subject, as long as it does not concern an out-side issue and involves principles and not personalities, will be considered for publication. At times, the committee must walk a tightrope in making decisions on what is printed and what is not.

As a general guideline, any letter or article that is of interest to members of AA that advocates ignoring or violating the Traditions, Concepts or General Service Conference actions will not be considered for publication. Our Higher Power guides us through our Group conscience. Therefore, Akron Intergroup News Committee reserves the right to publish/not publish any article upon submission without question or explanation, based on the decision of a group conscience majority vote.

“No AA group or member should ever, in such a way as to implicate AA, express any opinion on outside controversial issues particularly those of politics, alcohol reform, or sectarian religion. The Alcoholics Anonymous groups oppose no one. Concerning such matters they can express no views whatsoever.”

— Tradition Ten, Long Form

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God Makes That Possible Cont.

Written by: Jerome D

(cont. from pg. 1)

As AA members we can experience the spiritual features of the program. We do not shy away from telling others what God has done, and is doing, for us. God could and would if He were sought. He does for us what we cannot do for ourselves. We can work the Steps, be of service and change our way of thinking.

For us alcoholics, the problem centers mainly in the mind. The root of the alcoholic problem is selfishness and self-centeredness. Above everything, we alcoholics must be rid of these traits or it kills us.

God makes this possible.

There often seems to be no way of entirely getting rid of self without His aid.



We want YOUR Submissions

We are looking for new submissions every month to publish in our monthly newsletter. Please send us an email to share your experiences in AA, your personal journey or new things you have learned while sober. If you prefer to remain anonymous, just let us know! Scan this code to email us or send it to:

IGNews@AkronAA.org



The Akron Area Intergroup Office and our committees will always give you a way to be of service.

Do you have a certain area of interest? Would you like to get involved? To request information send an email to info@akronaa.org

Finding Me Again

Written by: Anonymous

There was a time when I thought sobriety meant giving something up. I believed it meant losing the only thing that quieted my fears and eased my pain. What I didn't realize was that sobriety wasn't taking my life away. It was giving it back.

In the beginning, I wasn't sure who I was without alcohol or drugs. I had spent so much time hiding that I had forgotten where the mask ended and the real me began. Living sober meant learning to face my thoughts and emotions instead of running from them.

As time passed, I started keeping the promises I made to myself. I showed up, admitted my mistakes, and stopped making excuses. Little by little, I became someone I could trust. That was the beginning of real self confidence.

Sobriety taught me honesty, not just with others, but with myself. I accepted responsibility for my choices without letting



my past define me. I discovered that true freedom comes from living with integrity instead of hiding behind a mask.

Life isn't perfect, but today I face it with a clear mind and an open heart. Sobriety has given me something I searched for everywhere else: the freedom to be myself. The greatest gift of recovery isn't simply the absence of alcohol or drugs. It is waking up each day proud of the person I am becoming.

Disclaimer by the IGNews Committee

The articles published through this forum may have opinions expressed by the authors of those submissions. They in no way are the opinions of this publication, IGNews Committee, or AA.

We, like AA, have no opinion on any outside issues, politics, religion, organization, sect or alcohol reform. **Those included in articles are of the writers alone.**

June 2026

CONTRIBUTIONS

Individual: \$942.66

Group: \$6523.15

Your contributions keep the Intergroup Office running.

Pet of the Month

Tucker

- A warm welcome to the newest member of Greg's family.
- Proof that some of life's greatest blessings come with four paws.



Claiming My Independence

Written by: Stuart R.

I lived my life growing up dependent on others to make me happy. There were all sorts of examples. A new bike would do it. How about a new golf club. My mom bought me a new TV to keep me from making a bad decision. Then I found booze and drugs, and thought I had found the magic formula for happiness. Don't get me wrong, I had a lot of fun partying. But the same thing happened—always the joy, the happiness, the feeling that things were OK was fleeting at best. I sobered up to find that I was right where I left me with a gnawing feeling of impending doom.

Selfishness and self-centered fear ruled my life. The cure for that was drinking to get my head to stop churning. Alcohol became my solution—the catalyst for many bad decisions. I walked away from school, drinking and “having fun” were more important. Drinking made me feel better temporarily, but in the end, led to all my bad choices. I had become a prisoner to the phenomenon of craving.

Marriage would fix it. I finally got the girl I had been chasing for six years. By the time we got married I was full blown alcoholic, but none of us knew it yet. I broke promise after promise with the best of intentions, and destroyed that relationship in 18 months. (Cont. on pg. 8)

GENERAL SERVICES AREA 54

Third Sunday 2-5pm
Area Assembly
12 Step Recovery Club
1480 Pearl Road, Brunswick, OH

AKRON MULTI-DISTRICT
Meets Third Saturday of Every Month 1pm
Pilgrim UCC, 130 Broad Blvd.,
Cuyahoga Falls, OH 44221

DISTRICT 5A & 5B
Meets third Thursday of Every Month
@ 6:30 pm Christ Episcopal,
118 S Mantua St, Kent, 44240

INTERGROUP COUNCIL MEETINGS

Are typically held the **FIRST**
Sunday of the month at
12:00 pm at **The pARIDise Club**
1710 Front St.
Cuyahoga Falls, OH.

All Intergroup Representatives are encouraged to
attend every meeting.

- **Council Meeting** August 2: 12pm
- **Council Meeting** August 30: 12pm
- **Executive Board Meeting** August 27: 7pm
- **Executive Board Meeting** October 1: 7pm

Claiming My Independence Cont.

Written by: Stuart R

(Cont. from pg 8)

I was bewildered. How could all this happen? I had no idea.

I rolled through the next few years looking for happiness in all sorts of absurd places, and selfish actions. It was always about me getting mine, and I did whatever I had to do to keep this “happiness” going. I was roaring through life like a ship with no rudder.

It just got darker and darker in my head, harder to see the good: two DWI's, public intoxications, divorce, no relationship with my kids, and finally, a felony drug charge.

How dark it is before dawn. Judge Thorpe in Dallas sentenced me to AA—four meetings a week for 5 years. Most people get six weeks of meetings. There I was to find the solution to my problems.

I was to submit to the direction of another man and to do the things he asked me to do. He promised that if I did what the program asked, that I could live a different life free from alcohol.

We got around to talking about God, that made me bristle. I knew nothing of God. Who cared about God anyway, He certainly had not helped me.

That man wouldn't let me up, insisting that I take actions and do things I did not believe would work. He didn't care what I thought, cared more about me than my feelings. So, I did the work because his life seemed to be going a lot better than mine. He promised that if I did these things, I would have a relationship with a Higher Power, God as I understood Him.

Well, the man was right. It has taken some time but I have stayed willing. What I have discovered is that I had to abandon my old ideas. I began to trust God.

The first and most important promise delivered to me is the fact that I have asked God everyday for 34 years to keep me sober today, and He has delivered on that promise. From that promise I started to build faith. I put the steps into my life and I have had a spiritual experience. When I am right with God, I am a powerful force for good.

So, my life has been a series of missteps followed by finding solutions to those mistakes. I am certainly no angel; there will always be a battle of self in me. (Cont. pg 9)

Claiming My Independence Cont.

Written by: Stuart R

I am my favorite subject. But I have placed my faith in God through daily prayer and trying to help others. The more I help, the more freedom I receive. The more dependent I am on God, the more independence I gained. I trust infinite God, rather than my finite self. I am here to serve, and by serving Him, I have gained absolute freedom. I have discovered that happiness is not a goal or something to be achieved. It is simply a byproduct of the right way of living. I am claiming my independence!!



You're invited to the
**INTERGROUP
PICNIC**

Food • Fun • Fellowship • Recovery

SAVE THE DATE!
**SUNDAY
AUGUST 16**
.....
12PM - 4PM



 FACE PAINTING	 SNOW CONES	 50/50 RAFFLE	 RAFFLE BASKETS
 CORNHOLE TOURNAMENT	 BOUNCE HOUSE	 HOT DOGS AND HAMBURGERS PROVIDED!	

Please bring a dish to share!

♥ Let's celebrate recovery together!

ONE DAY AT A TIME • TOGETHER WE CAN • THANK YOU FOR BEING HERE!

WHERE TO SEND CONTRIBUTIONS

The following is a suggested guideline of how to divide your group's contributions and where to send them:

50% Akron Intergroup Office

2212 Romig Rd., Akron, OH 44320
Checks payable to Akron Intergroup Office

25% The General Service Office

PO Box 2407
James A. Farley Station
New York, NY 10116-2407
Checks payable to General Service Board

15% NE Ohio General Service, Area 54

PO Box 91384
Cleveland, OH 44101-3384
Checks payable to NE Ohio General Service

10% TO YOUR LOCAL DISTRICT:

Akron Area Multi District

Paul, Treasurer
PO Box 67163
Cuyahoga Falls, OH 44222
Checks payable to Akron Multi District

District 5A & 5B (Portage County)

Dustin S.
2203 Ranfield Rd.,
Mogadore, OH 44260
Checks payable to District 5

COMMITTEE MEETINGS AT INTERGROUP OFFICE

Archives Committee

Wednesday— 10 AM-4 PM Drop In

Corrections Committee

Third Saturday — 10:00 AM

Founders' Day Committee

First Monday — 7:00 PM

Information Technology

Second Tuesday — 6:00 PM

Intergroup News Committee

Second Sunday — 1:00 PM

Literature Committee

First Saturday — 9:00 AM

Treatment Committee

Tuesday before Ex. Bd. Mtg.— 6:00 PM

CHECK WEBSITE AKRONAA.ORG

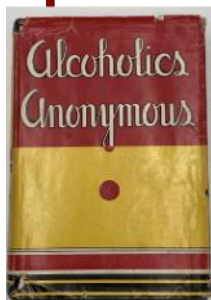
FOR MEETINGS NOT LISTED HERE AS MORE
ARE ALWAYS BEING SCHEDULED. SCHEDULE
MAY CHANGE WITH NEW EXEC BOARD
MEMBERS

More announcements and
details of these announcements
can be found at the Intergroup
Office or at akronaa.org

Get to know your history!

AKRON

Where it All Began in 1935!!!



Go to: Akronaa.org->Archives->History

Individual Donation Form

Akron Intergroup

Annual Donation \$ _____

☐ Cash

Amount Paid \$ _____

☐ Check

Balance Due \$ _____

Reminders will be sent. If you do not wish to
receive reminders, please check this box. ☐

Make all checks payable to:

Akron Intergroup

775 N. Main St.
Akron, OH 44310-3044
Phone: 330-253-8181

Donate online
at akronaa.org

<https://akronaa.org/shop/donations/donation/> Date _____

Name _____

Address _____

City, State, Zip _____

Signed _____ Phone _____

Donation received by _____

FEDERAL INCOME DEDUCTION AUTHORIZED